## "My Trip to The Tobin Center" Checklist

#### **Before the Performance**

- I know the date and time of the performance.
- I have my ticket (paper or digital).
- o I know where the theatre is and how I will get there.
- o I have arranged **transportation** (ride, bus, or walking route).
- o I have my **phone** or contact information for help.

### What to Bring

- My wallet/purse with ID.
- o Any **medications** I might need.
- o A water bottle (if allowed).
- Earplugs or noise-reducing headphones (if sound is loud).
- A fidget tool or comfort item (if needed).
- o Glasses or hearing aids (if I use them).

### **Clothing & Comfort**

- o I am wearing comfortable clothing for sitting.
- o I have a **jacket or sweater** (the theatre might be cool).
- o I am wearing comfortable shoes.

# **During the Performance**

- O I know the audience rules:
  - Stay quiet during the show.
  - Clap at the right times.
  - o Stay seated until intermission or the end.
- o I know where the **restrooms** are.
- o I know who to ask for **help** if I feel uncomfortable.
- o I know where the **quiet area** is if I need a break.

#### **After the Performance**

- o I have my belongings.
- o I know where to meet my ride.
- o I can share my favorite part of the show with a friend or staff member.